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## + + + + + More Important News About + + + + + the Fall Women's Retreat:

Theme: God: In Us, With Us, For Us
When: September 11-13, (Fri-Sun.) 2015
Where: Bethlehem Retreat Centre in Nanaimo
Who: Open to all the women of St. Mark's; 25 spots available
Facilitator: Esther Hizsa, MDiv; Spiritual Director and Writer
Cost: $\$ 280$ per person plus ferry costs (carpooling will be encouraged). Fee includes 5 meals, accommodation and program.
To register: Contact Janet Scott at church or by phone at 778-828-8974.
If you are interested in helping out on the Retreat Planning Committee, please contact Janet.
If you are yearning to deepen your daily walk with God, please join us for a weekend that promises to be rich!

The Healing Service-with the Eucharist, 10am this Wednesday, July 15 - Come and experience the healing touch of our Lord Jesus. Everyone is welcome. James 5:16 "...pray for each other so that you may be healed. The prayer of the righteous (person) is powerful and effective."

The Lunch Basket for Hungry Children-is provided this week by Barbara and Jamie Grantham to the Glory of God and in thanksgiving for God's many blessings.

Prayer Chain Contact- is Michael Weller. He can be reached with your requests at 604-538-9334 or at weller301@shaw.ca

Flowers for the Altar-are given today by Betty and Bob Bear to the Glory of God and in thanksgiving for our children, grandchildren \& our brand new great-granddaughter.

St. Mark's Youth- Tuesday evening youth nights will resume on September 8. Join our Facebook page or sign up for our newsletter at www.stmarkbc.org/youth/ to hear about special summer activities!

Next Sunday's Bible Readings-2 Samuel 7:1-14a,
Psalm 89:20-37, Ephesians 2:11-22, Mark 6:30-34, 53-56
Forward Day By Day-The next installment (August to October) is now available. Please see Carolyn Brown in the Narthex.

# "PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH 

SUNDAY, JULY 12, 2015

## Library News

Looking for a good light summer read? Try Jen Turano. In A Talent for Trouble Felicia Murdock is determined to become a minister's wife. Grayson Sumner just wants to settle down as a respectable New York gentleman. Will they survive the troublesome situations that they seem to get into? Will they come to an understanding or will trouble always follow them around?


Seniors News-"Get Togethers" are alternate Wednesday afternoons. The next one is this Wednesday, July 22 and alternate Wednesdays ending August 5 for a short break until September 9. Contacts are: sinder@shaw.ca 604-531-4931 (Sue) and acormode@shaw.ca 604-531-9585 (Janet)


WHERE:
St. Mark's Ocean Park
WHEN:
August 24-28, 2015
coST:
FREE for kids 4-12 years
(Jr. Leaders In Training-10 \& 11 years)
(Youth Leaders - 12-18 years)
Come join us for a great time where we will explore The amazing SonSpark Labs. We will trace God's life-changing plan as it's revealed from Creation to the present and on into the future. We'll find answers to life's most important questions. We will discover that God loves us and that through Jesus we can be members of God's family and personally experience God's plan for each of us - God's Plan for You is Jesus!

## OFFICE HOURS

9am to 3pm Mon. through Thurs.
10am to 1pm Friday
Upcoming Events
Tuesday, July 14
6pm - Men's Club's Annual "Spouses \& Partner's event

Wednesday, July 15
9am - Exercise - Hall
10am - Service - Sanctuary
Friday, July 17
9am Exercise - Parish Hall


